

# **OUTLINE FOR BROWNIE TROOP BADGE**

- I. Fire Safety
  - A. Home Escape Plan
    - i. Know two ways out of every room
      - 1. door
      - 2. window if on first floor
      - 3. need an escape ladder if on upper floor
        - a. if no ladder, open window and yell for help
        - b. if absolutely have to get out, carefully climb out and hang before dropping
    - ii. have a meeting place outside a safe distance away from the front of the house
      - 1. that is where the fire dept. will come
      - 2. don't leave meeting place to go call 9-1-1 until at least one other person is there
    - iii. practice your plan
      - 1. at least twice a year
      - 2. goal is for everyone to be out in 2 minutes or less
      - 3. if you have to get down stairs, crawl backwards or bend down low holding on to the handrail
      - 4. after you get pretty good at getting out:
        - a. try it blindfolded or with your eyes closed
        - b. have mom or dad do a drill at night when you are asleep
  - B. Have working smoke alarms
    - i. Should have one near each bedroom area inside each bedroom
    - ii. They are your "nose at night" because your sense of smell goes to sleep with you
      - 1. smoke travels along the ceiling; that's why smoke alarms are always up high
      - 2. smoke travels way ahead of the fire and is usually the first sign of fire
      - 3. a working smoke alarm will sound the alarm (beep, horn or buzzing sound) to wake you up
    - iii. make sure your alarms are working by:
      - 1. asking an adult to check the alarm every month (just push the button!)
      - 2. changing the batteries at least once a year ("Change Your Clock, Change Your Batteries")

- II. Street Safety
  - A. When crossing the street:
    - i. Look left, right, and left again before stepping into the street
    - ii. Always cross a busy road with an adult
  - B. Always stay close to an adult in parking lots
  - C. When walking near the road:
    - i. Always walk with an adult
    - ii. Always walk facing the traffic
    - iii. Wear light, bright colors
  - D. When riding your bike on or near the road:
    - i. ALWAYS wear your helmet
    - ii. Ride with an adult
    - iii. Ride with the traffic (in the same direction)
    - iv. Wear light, bright colors
  - E. When riding in a car:
    - i. Always buckle up
    - ii. Use your inside voice
    - iii. Do not do things that will cause the driver to take his/her eyes off the road (fight with sister or brother, asking the driver to look at something, etc.)
- III. First Aid (make sure they know to try to get help from an adult first)
  - A. What to do for bumps, cuts and scrapes
  - B. What to do for bug bites
  - C. What to do for burns (to keep burns from happening, be very careful around fire and hot things, and NEVER play with matches and lighters)
  - D. For more serious injuries (broken bones, someone you cannot wake up, etc.):
    - i. Try to find an adult to tell
    - ii. If no adult is around, call 9-1-1 from the nearest phone
      - 1. stay calm and talk to the dispatcher (the one who answers 9-1-1 calls)
      - 2. answer all of the questions you can
      - 3. do not hang up until the dispatcher tells you to
      - 4. only call 9-1-1 when something is wrong