



Brownie

First Aid

Elves are
always
prepared to
help!



If someone was sick or hurt, would you know how to help? In this badge, you'll find out what to do in an emergency, from calling 911 to using first aid to treat minor injuries. When the unexpected happens, you'll be prepared!

Steps

1. Find out how to get help from 911
2. Talk to someone who treats injured people
3. Make a first aid kit
4. Learn how to treat minor injuries
5. Know how to prevent and treat outdoor injuries

Purpose

When I've earned this badge, I'll know how to get help in an emergency and treat minor injuries.

Every step has three choices. Do ONE choice to complete each step. Inspired? Do more!

What should you do in an emergency? Stay calm and make sure the place where the emergency happened is safe. Find an adult to help right away. If there are no adults, call 911. The operator will send police officers, firefighters, or an ambulance.

Call

9

1

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Never call 911 as a joke.
You might prevent other people from getting help.

STEP

1 Find out how to get help from 911

An emergency is when something serious like a fire or a car accident happens, or someone gets hurt or sick and can't get help for themselves. Find out more about how to handle an emergency.

CHOICES - DO ONE:

Role-play 911. Ask an adult to write different emergency situations on slips of paper and put them in a jar. With your Brownie friends, take turns pulling a paper from the jar. Role-play a call to 911 based on the information on the paper.

OR

Practice 911 with a friend or family member. Take turns pretending to make calls to 911. One of you will play the role of the caller and the other the operator.

OR

Get advice from an expert. Invite a police officer or firefighter to talk to your group about the importance of calling 911 in an emergency and what you need to say to get help.

If You Call

9 1 1

You'll be giving information to the person on the other end of the phone so that help—police, firefighters, or an ambulance—can arrive as quickly as possible. It's okay if you don't know everything. Just give as much information as you can.



What You Need to Know

- **Your name**
- **Your phone number**
Tell the operator the phone number you are calling from, which might not be your home number.
- **What happened**
Tell the operator what you know. For example, did someone fall off a ladder? Was there a car accident?
- **What's wrong**
Is the person who's been hurt bleeding?
Has someone passed out? Is the person feeling dizzy, as if their head is spinning?
- **Where you are**
If you don't know the address, give the 911 operator a landmark, such as "next to the grocery store" or "down the road from the high school."
- **How many people are hurt**
- **What's already been done**
If you or someone with you has given first aid, let the operator know.

Remember:

Don't hang up until the 911 operator tells you it's okay to do so—they may need to ask you more questions.

